

The United Messenger

A monthly magazine for two churches
in the Central Sussex United Area

Mick Mulley Editor

August 2026



The Broadway United Church
*The Broadway, Lindfield Road,
Eastbourne, BN22 0AS*
www.broadwayunitedchurch.co.uk



**St Barnabas United Church and
Christian Centre**
Kingfisher Drive, Eastbourne



Team Minister:

Rev'd Memona Shahbaz (01323 739785)

Message from the Editor...

DEAR READERS

Welcome to August's Magazine. To see it in colour go to:

<https://www.broadwayunitedchurch.co.uk/index.html>

My ill health continues to bug me - a blood clot in my leg (second time in three years) and my heart is not working as well as it should do. I will know more by the time you start reading this issue. I won't be running any marathons that's for sure!

Thank you Glynis for the poem this month, Hazel (from St Barnaba) for her information about events at St Barnabas and parish-pumps.co.uk. And at Broadway do you remember Megan (Louises daughter) bringing in one of her lambs a couple of years ago? Well, turn to page 11 and see how she is winning prizes for her sheep.

Mick

At Broadway United Church - August Wednesday Evening

Coffee Evenings

5 th	Movement to Music	Glynis
12 th	Quiz	Ian
19 th	Beetle Drive	Sue
26 th	Broadway Praise Singers presenting some new worship songs from CityAlight.	

Coffee from **7.15pm** with Bring and Buy.

Collection for two charities - STREET PASTORS & SPINNAKER

Summer Holidays

THE STORY is told of porters who were hired to carry a group's possessions on a jungle safari. The pace increased until the head porter called a halt: 'We've come so far, so fast we need to take a break and allow our souls to catch up with our bodies!'

How often do we feel like this? August is a month when many of us take time off.

Jesus and His disciples often made 'strategic withdrawals' from the crowds: *'because so many people were coming and going that they did not even have a chance to eat, Jesus said to them, "Come with Me by yourselves to a quiet place and get some rest."* (Mark 6: 31,32).'

Jesus saw how tired and stressed His disciples were and wanted to give them a break in their busy lives. He loved them and cared about their wellbeing. He longs to do the same with us, so that we can restore the balance of work, rest and play in our lives. Going on holiday gives us the opportunity to take time off, to let go the burdens that we carry every day and receive again His rest for our souls: *'Come to Me, all you who are weary and burdened, and*

I will give you rest.' (Matthew 11:28).

The story is told of the aged Apostle John playing with doves. A passing hunter expressed surprise at what a man as pious as John was doing. John pointed to the bow in the hunter's hand and asked him why he carried it with a loosened string. The hunter replied, 'it loses its strength unless it is given the chance to unbend'. John replied, 'why are you surprised that a servant of Christ should not relax to keep himself stronger for his work?'

Canon Paul Hardingham



Relax by train? - Mick

Broadway United Church

Coffee Morning

Saturday

1st August 2026

10am

At 37 Park Avenue

Coffee Morning

St Barnabas Church

**NO COFFEE
MORNING
THIS MONTH**



The Broadway United Church

Church Meeting

The next Church Meeting, which had been due to take place on Sunday 12th July, will now take place after the Service on **Sunday 9th August.**

Just Listen!

TECHNO-DINOSAUR and curmudgeon that I am, I have clung to my old plug-in satnav for far too long. It has finally given up the ghost, and I have listened to the superior wisdom of Madame-my-wife, and started to use my smartphone, held in place via a holder on the car's dash, to navigate around areas I'm not familiar with.

Except of course, this morning, I thought I knew better than the info on the phone which advised an unusual route as I set off in the direction of my hydrotherapy session. (Techno-dinosaur, curmudgeon AND falling to bits- what a combination!). And ran into a long traffic queue at the new and extensive road works in the next village. Serves me right.

There's value in listening to someone who knows. The data on the phone had already taken into account the fact that the traffic queue would make me late, and had re-routed me away from the bottleneck. But curmudgeonly dinosaurs often think they know better- to their cost.

The art is, of course, in

knowing who knows best. There are many false guides in this world, but it is the witness of Christians throughout time and throughout the world that listening to God- in prayer, or through His word- is a trusted way of navigating our way through today's world where many voices clamour for our attention, not all of which are trustworthy.

That great Welsh hymn 'Guide me O thou great Jehovah' is one of many which sings of our trust in God to guide us. It talks of being pilgrims through a land without waymarks, and it asks God to 'hold me with Thy powerful hand'. Here is Someone who knows and who is worth listening to. God Himself has said '*I will never leave you nor forsake you*' (Hebrews 13:5; we can trust the One who will not leave us to guide us down good paths. It's a life-time's work to learn to trust in God, but we can improve, we can know the One who says 'My sheep know My voice' more clearly.

May God guide us on all our journeys, and be a lamp unto our feet, and a light unto our path.

Revd Roy Shaw (*diocese of York*)

St Barnabas Church

INFORMAL BIBLE STUDY 2026

At St. Barnabas we have a very informal meeting each Friday
at 11am for an hour.

We are reading through Acts bit by bit.

We are a very friendly group, sometimes up to seven people,
not always the same seven

Not everyone is able to come every week but anyone who
does come is very welcome to just turn up.

Bring your own bible or use a church copy

Hazel can be contacted at 07891 788867



...Rodney, I've been meaning to have a word
with you about your carbon footprint!

The Stone

Round, white, chalky to the touch
Filling both palms as I hold it in my
hand

The surface dented, chipped,
wounded by time

Far from perfect, shaped and
moulded by sand

As it rolled, washed by waves to
lay on the sandy shore

To finish another chapter of its'
thousand year journey at my feet.

And I bent down, scooped it up,
wet, shining,
glistening drops of rainbow water,
Its' journey to me, now complete.

It's a stone, just a stone.
But what thoughts enter my mind
as I hold it.

Was this the stone David flung so
trustingly at Goliath?

Part of the stable wall in
Bethlehem...

Or upon it, did Jesus sit?
Jacob's stone pillow, a broken
piece of Moses' tablet?

Part of a pillar, an altar stone,
fashioned by workers' rough
hands?

A witness to God's promises, in
these times, in my hands.

The Lord is my Rock
The Lord is my stone fortress.
The stone rolled from the tomb
The rock to build my house on
The cornerstone that holds me
together.

Not soft and crumbly like shale
Solid marble, permanent strength.
Enduring generations
Evolving through natural events,
planned by Him
To be here, at my feet today.

I held it tight one last time
Then crouched down and replaced
it in the water.

The waves caught it, tossed it
around

Rolling, twisting, turning
Then out of sight.

On another journey...
But still there, somewhere,
To be found by someone else, one
day.

Glynis Hall

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*The seeds to this poem were sewn
by Paul Tabraham on a Sunday
with this stone and his message.
Thankyou.*

Sussex Harmony Wind Quintet

LAST MONTH (11th July) The Sussex Harmony Wind Quintet generously gave a free concert at St Barnabas Church with a retiring collection for church funds.

The Sussex Harmony Wind Quintet, directed by Karen Rash, is a local chamber ensemble that performs mixed classical and contemporary programs across the region.

They regularly stage recitals featuring works ranging from the 18th to the 21st century, including pieces by composers such as Mozart, Danzi, and Elgar.

Their beautiful playing raised £117.50 and they hope to play for us again later in the year

Featuring:

Barbara Ashby - oboe, Karen Rash - flute

Hilary Ougham - bassoon, Clare Moisan - clarinet

and Zoe Hurlock - French horn

Hazel Elrick

Broadway United Church Birthdays

August 2026

4th Alison Flynn

10th Glynis Avery

19th Judy Holland

26th Sandra Creasy



If your birthday is not listed please see June Phillips

Treasurer's Report - Broadway

THE COMMUNION Collection for JUNE was for HOMES FOR THE AGED and £90.00 was sent to Lauriston General Nursing Home at St. Leonards-on Sea.

The Collection for JULY was for Muscular Dystrophy UK and £84.00 was sent to their HQ in London.

The Collection for August will be for Mathew 25 Mission.

The Offertory for June including Standing Orders and Envelopes amounted to £1,656.50 and the amount raised by the hiring of our premises came to £632.00.

- The expenses for the Ministry for June including URC and CSUA was £1,615.00

- Utilities for June was £474.68.
- The United Messenger £18.75
- Cleaning our premises £455.17.

The Fire Brigade inspected our premises and said it is "Awesome"

The August Coffee Evenings collections will be shared between STREET PASTORS and SPINNAKER. Please give as generously as you can.

Please note that the August Coffee Morning will be

Saturday 1st August

and will be at 37 Park Avenue. All are welcome.

John

St Barnabas Coffee Morning

THANK YOU for all who supported our coffee morning on a hot 4th July.

Please note that there will be no coffee morning at St Barnabas in August.



Our Favourite Butterfly

THE COLOURFUL peacock butterfly is our favourite, according to a recent poll.

The butterflies, with their striking colours and 'eye-spots' designed to fend off predators, beat 59 other British species in the vote run by Butterfly Conservation.

More than 20,000 votes were cast across the UK, with a rainbow of colourful species

making up the top five.



The orange-tip butterfly came a close second to the peacock, followed by red admirals in third, holly blues in fourth and the bright yellow brimstone butterfly in fifth.

Butterfly Conservation, a wildlife charity, declared a "butterfly emergency" in 2024 as numbers recorded during the annual count fell to a record low.

Glynis's 70th Birthday Party



You are invited to the party at Broadway on
Saturday 8th August at 2.30pm

There is a list of food if you are able to contribute something.

Please RSVP to Glynis via text on 07735386465

Looking forward to celebrating with you all.

Glynis

Megan and her sheep

MEGAN RECENTLY attended the Kent County Show to show her sheep in different categories.

One group of three sheep came first and were crowned Champions in their particular class.

In the short wool class her sheep came first (out of 40).

She also won best pairs in her class then also named overall Pairs Show Champions.

She also won numerous other rosettes for second and third places.

Ros and Louisa



Community Lunch - Broadway

Date: **AUGUST 2026**

Price:

Time:

No dinners this month

To book a meal ring Val on 01323 487990 All diets catered for

When Columbus started out, he didn't know where he was going. When he got there, he didn't know where he was. When he got back, he didn't know where he had been. And he did it all on other people's money.

Can't help thinking that Columbus reminds me of some teenagers who go on family holidays...

JD Hair Salon

16 The Broadway, Hampden Park

BN22 OAS

07722175570

(the salon is in Harmony Health)

Joanne Dzendzera

joannedze@gmail.com



Who's who at BROADWAY United Church

Elders:

Sue Sanders: Senior Elder

01323 505866

- * Pulpit supply
- * Catering Convener
- * Link with Community Lunches
- * Junior Church

Les Aisbitt:

- * Link with Property
- * Sound System

Caroline Braybrook:

** Dpty Authorized person for weddings*

Pauline Buchan

Alison Flynn:

** Authorized person for weddings*

Sue Miller

- * Pianist

Kath Shaw:

- * Cradle Roll
- * Bible Readers Coordinator

Ruth Rowland:

- * Door stewards coordinator
- * Link with Junior Church

Val Cornish

Stu Miller :

- * Sound system

Denise Woodfin

People with other responsibilities:

John Donoghue

- * Church Treasurer
(01323 501857)

37 Park Avenue, Eastbourne BN21 2XG

Email: jndonoghue38@gmail.com

Pat Aisbitt:

- * Letting Steward
buchurch21@gmail.com

Steve Waters:

- * Church Council Secretary:

Email: bucms2024@gmail.com

Mick Mulley 07985 932783

- * Worship Leader
- * Weekly Newsletter,
- * The United Messenger
(Monthly magazine)
- * Broadway Praise Singers
- * Website:

<https://broadwayunitedchurch.co.uk>

The Cottage

2 Levett Avenue

Polegate

BN26 6LW

Email: mjmulley@gmail.com

Jolly Pett 07743374887

- * Safeguarding Officer

broadwaychurchsafeguarding@gmail.com

ST BARNABAS Rota details for AUGUST 2026

2nd Vestry: **Pat Beeney**
 Corridor: **Janice Crompton**
 D/Steward: **Anne Weilding**
 Reader: **Brenda Jenkins**

9th Vestry: **Janice Crompton**
 Corridor: **Hazel Elrick**
 D/Steward: **Clive Elrick**
 Reader: **Val Attwood**

16th Vestry: **Brenda Jenkins**
 Corridor: **Clive Elrick**
 D/Steward: **Hazel Elrick**
 Reader: **Janice Crompton**

23rd Vestry: **Janice Crompton**
 Corridor: **Anne Weilding**
 D/Steward: **Brenda Jenkins**
 Reader: **Anne Weilding**

30th Vestry: **Brenda Jenkins**
 Corridor: **Janice Crompton**
 D/Steward: **Anne Weilding**
 Reader: **Brenda Jenkins**

If you are unable to fulfil your duty please arrange to change with someone else. Thank you.

Thoughts and opinions expressed in this magazine belong solely to the author, and not necessarily those shared by Broadway Church, St Barnabas Church, ministers or the editor.

Who's who at ST BARNABAS Church

Church Secretary:

Janice Crompton 01323 639042

Email: jancrompton@hotmail.com

Lettings * Property * Preachers Coordinator

* * * * *

Treasurer:

Janice Crompton 01323 639042

Email: jancrompton@hotmail.com

Catering Convenor * Safeguarding Officer

“Make Lunch” link

* * * * *

Church Councillors:

Val Attwood

Allie Bowles

Shon Shahbaz

* * * * *

Brenda Jenkins

01323

Readers/ Stewards Rota Coordinator * Worship Leader

Services at St Barnabas for AUGUST (09.45am)

2nd L.A.

9th L.A.

16th Rev'd Memona Shahbaz (*Communion*)

23rd United Service at Emmanuel Church

30th L.A.

Services at Broadway for AUGUST (10am)

2nd Dr Dawn Mulley (*AAW*)

9th Rev'd Memona Shahbaz (*Communion*)

16th Gillian Wood

23rd Jolly Pett

30th John Berryman

ELDERS (Broadway) AUGUST

2nd Stu and Denise

9th Sue Sanders and Kath

16th Val and Alison

23rd Ruth and Sue Miller

30th Sue Sanders & Denise

DOOR ROTA (Broadway)

2nd Sandra

9th Pat

16th Glynis

23rd Maggie

30th Val

Contributions for **September's** magazine should be with me by:

Friday 21st August please. Thank you.